

Kara LBF Bake & Serve Large White Baguette

F00296



Product Description

A part baked French style large white baguette with 6 traditional diagonal bursts on the top

Storage/Handling/Baking Instructions

Store Frozen at -18°C or below.

To defrost: Defrost thoroughly before use. Remove from case and leave in bag at room temperature for 1-2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight.

Once defrosted do not refreeze.

Best served: This product should be baked before use. For best results, bake from frozen. For fan assisted ovens, pre heat oven to 200°C / Gas Mark 6. Bake for 8-9 minutes or until golden brown. For standard ovens increase bake time by 1 minute. For ovens with steam facility, inject steam for first 35 seconds of baking.

Ingredient Declaration

Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Yeast, Emulsifier: E472(e), Flour Treatment Agent: E300.

Nutritional Information

		Per 100g	Per serving (117g)
Energy	kJoules	1020	1193
	kCal	240	281
Protein (g)		9.4	11.0
Available Carbohydrate (g)		48.0	56.2
of which sugars (g)		3.0	3.5
Total Fat (g)		1.2	1.4
of which saturates (g)		0.2	0.2
of which mono-unsaturates (g)		0.3	0.4
of which polyunsaturates (g)		0.6	0.7
Dietary Fibre (g)		2.7	3.2
Salt (g)		1.0	1.2
of which sodium (mg)		418	489

Allergen Disclaimer

For allergens (including cereals containing gluten), see ingredients in **bold**. Also, may contain sesame.

Suitable For

Vegetarians	✓	Halal	✗
Vegans	✓	Kosher	✗

Product is free from:

GM ingredients, Hydrogenated Fats

Shelf Life

Frozen Life of Product	12 Months
Wrapped life once defrosted	2 days

Product Data

Product Weight:	235g +/- 5g	Case Net Weight:	4.6Kg	Case Dimensions
Product Dimensions:	Length 500mm+/-555mm	Case Gross Weight:	5.1Kg	Length: 591mm
	Height 40-60mm	Cases per Layer:	8	Depth: 246mm
No. in a Pack:	N/A	Cases per Pallet:	56	Height: 245mm
Packs in a Case:	20 units per box	Pallet Height:	1.877m	
		Barcode / EAN:	05011639035078	

Traceability Code: Best Before MMM,YY, Day of Year, Time (24hr) eg MAR 09 L8086 19:28

Information Issued By

Name:	Chelsea Holmes	Position:	Technical Administrator
Date Issued:	14/05/20	Issue No:	7

Kara Customer Care

Park Seventeen, Moss Lane, Whitefield, Manchester, M45 8FJ, UK

14 Allée Coysevox, CS 56939, 35069 Rennes Cedex, France

Tel: +44 (0)161 3512399 / E-mail: customercaregroup@karafs.co.uk

Kara

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